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AT

MERCURE

HOTEL

SHEFFIELD KENWOOD HALL  
HOTEL & SPA



## A UNIQUE SPACE FOR ONE'S SELF

Boost your mood and de-stress your mind in our treatment rooms and spa facilities. Offering a wide range of indulgent experiences, from bespoke massages to nail and eye enhancements. You can even spend a day at our spa with one of our relaxing day escapes, a real treat for the mind, body and soul.

Working closely with [Comfort Zone] our chosen spa partner, we have created a truly unique selection of spa rituals and journeys designed with a complete sense of well-being and fast results in mind. This luxury premium brand represents a complete system of care for the SKIN, BODY and SOUL, delivering unique spa rituals within every treatment along with advanced skin care to achieve outstanding results; "We seek to promote a healthy, sustainable lifestyle".

*[Comfort Zone] is a luxury brand within the spa industry. Founded in 1983 in Parma, the company is now worldwide with years of research and experience producing high-end products. The Group is a B Corp multicultural team from all over the world, with their presence in more than 90 countries. [Comfort Zone] work on constantly developing their expertise, they are specifically targeting premature aging. By using the [Comfort Zone] brand there will certainly be the perfect product within their range to suit your needs. Their purpose is to do their best for the world, creating good life for all, through beauty, ethics & sustainability.*

## “Founded in science strengthened by soul”

- All our day escape packages include use of the spa facilities.
- Each person spending £48 or more on treatments will receive complimentary use of our spa facilities.
- Half day passes are available for £15 per adult for use of our spa and spa facilities.
- Why not upgrade your spa day and add lunch or afternoon tea to complement your day?

Please call our Spa Team ahead of treatments to accommodate these requests.



## DAY ESCAPES

The following Day Escapes also include a delicious two course light lunch.

MORNING REFRESH £29 PER PERSON

Start your morning right by enjoying the use of the facilities between 10am-2pm

AFTERNOON TIME OUT £29 PER PERSON

Unwind and relax in the afternoon with the use of facilities between 1.30pm-5.30pm

OUR DAY ESCAPES ALSO INCLUDE A DELICIOUS TWO COURSE LIGHT LUNCH AND UP TO FOUR HOURS USE OF THE SPA AND SPA FACILITIES.

UPGRADE YOUR LIGHT LUNCH TO AFTERNOON TEA FOR AN EXTRA £10PP

## MOTHER-TO-BE

50 MINS / £78 PER PERSON

Nurturing both mum and baby with this specialised Back, Neck & Shoulder, Scalp, Lower Leg and Feet massage. Subtle energy techniques provide a balance of the body, mind and spirit.

## LUXURIOUS SPA DAY

55 MINS / £89 PER PERSON

Indulge in one of our luxury treatments. Choose from a relaxing Intensive Prescriptive Facial, Bespoke Fully Body Massage or our Classic Pedicure.

## HARMONIOUS SPA DAY

55 MINS / £99 PER PERSON

This day escape combines a Prescriptive Taster Facial and a Back, Neck & Shoulder Massage to fulfil your personal needs, leaving you with an overall feeling of revitalization.

## DETOX RITUAL

115 MINS / £138 PER PERSON

We provide a Full Body Himalayan Salt Ritual to detox and energise. Equivalent to a diet regime. You'll also receive our deeply hydrating intensive Facial during the Salt Ritual. This treatment is great for an all over full body cleanse and moisture boost.

## UPLIFT MIND & BODY

115 MINS / £138 PER PERSON

Experience a wonderful sense of well-being with our Bespoke Full Body Massage, incorporating (Comfort Zone) de-aging visible firming rejuvenating rich cream and our Skin Sublime Active Lift Facial to nourish, illuminate and lift the skin.

## MINI SPA DAY

25 MINS / £48 PER PERSON

Choose from one of our popular treatments; Taster Prescriptive Facial, Back Neck & Shoulder Massage or an Indian Head Massage

*\*this does not include a two-course light lunch\**

## FACE RITUALS

### [Comfort Zone] SUBLIME SKIN ANTI-AGEING FACIALS

Give your skin the boost of radiance and plumpness that it needs with an innovative Double Peel followed by a lifting mask for immediate rejuvenation. The Active-lift™ Massage, inspired by Kobido techniques, softens wrinkles and invigorates skin tone.

### SUBLIME SKIN SUPER PEEL

40 MINS / £46 PER PERSON

This intensive facial visibly reduces expression lines and wrinkles and provides exceptional skin smoothness. The facial includes a Facial Massage and Double Peel which can be customised according to the skin condition. Suitable for the most delicate to the most resistant of skins.

### SUBLIME SKIN ULTRA GLOW PEEL

55 MINS / £65 PER PERSON

This facial delivers immediate radiance and glow & provides an even complexion and improvement to dark spots. The facial consists of an indulgent massage and Tone-correcting Peel to treat dullness, Hyperpigmentation and Melasma.

### SUBLIME SKIN PRO-LIFT

55 MINS / £65 PER PERSON

This intensive facial has a natural filler-effect, providing instant skin firmness. The skin is nourished with a specialized Kobido facial massage followed with a Replumping Peel-off Mask to restore fullness and tone.

### SUBLIME SKIN HORMONE-AGING

75 MINS / £85 PER PERSON

This ultimate facial treatment is designed to counteract skin thinning, extreme dryness and loss of density due to menopause. The exclusive Cell-Support Technology™, innovative oil based textures and two special massage techniques, Dermal Petristage and Kobido, reactivate cellular communication, regenerate and redensify the skin.



## FACE RITUALS

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### [Comfort Zone] Facial Staples

#### RECOVER TOUCH FACIAL

25 • 55 MINS / £40 • £65 PER PERSON

Nurture your skin and recover from the damage caused by sun, pollution, and aging. The antioxidant, replenishing combination of organic Goji Berry and Macadamia Oil leaves the skin soft and replenished.

#### HYDRAMEMORY FACIAL

25 • 55 MINS / £40 • £65 PER PERSON

This dynamic facial is for anyone seeking ultimate hydration, immediate glow and vitality. Advanced massage techniques and the use of Cryo spoons reduce the appearance of fine lines, tone & cool the skin. The unique combination of lactic acid for immediate renewal and glow, powerful Hyaluronic Acid and Bio Active Prickly Pear for profound hydration, provides instant hydration and radiance for a healthy dewy skin.

#### LUMINANT BRIGHTENING FACIAL

55 MINS / £65 PER PERSON

An intensive triple action facial, for the correction of existing dark spots, hyperpigmentation and uneven skin tone, revealing a fresh, bright and radiant skin. This indulgent facial is ideal after sun exposure, for dull and uneven complexions and is suitable for everyone, even during pregnancy and sensitivity.

#### SOOTHING FACIAL

25 • 55 MINS / £40 • £65 PER PERSON

An innovative, fortifying approach to sensitive, delicate skin. With a Prebiotic from sugar beets, promoting cutaneous resilience, and Marula Oil, this facial calms skin discomfort, relieves neuroinflammation and reinforces the skin's defence.

#### ACTIVE PURENESS FACIAL

25 • 55 MINS / £40 • £65 PER PERSON

If your skin is oily, scarred or acne-prone, this is the perfect choice! Characterised by a mattifying peel-off Spirulina Algae mask, this deep purifying facial with Mandelic Acid, Green and White Clays rebalances and reduces pores and blackheads.



## BODY RITUALS

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### Comfort Touch Massages

#### BESPOKE FULL BODY MASSAGE

55 MINS / £65 PER PERSON

#### LUXURY BACK, NECK & SHOULDER MASSAGE

40 MINS / £46 PER PERSON

Incorporating the arms and scalp.

#### BESPOKE BACK, NECK & SHOULDER MASSAGE

25 MINS / £39 PER PERSON

Your therapist will create the perfect massage to suit your needs. Tensions will be released, which in turn will ease the mind and body for total relaxation.

#### INDIAN HEAD MASSAGE

25 MINS / £39 PER PERSON

A relaxing treatment working on pressure points on the head, face, shoulders and neck to release blocked tensions and stimulate circulation aiding to the nervous system.

#### TRANQUILLITY PRO-SLEEP MASSAGE

55 MINS / £69 PER PERSON

Inspired by the Indonesian Sea Malay Massage, this exceptional massage ritual acts in synergy with our Tranquillity™ Sound and Essential Oil Blend to effectively induce a state of deep rest & wellbeing.

### Hot Stone Therapy

#### HOT STONE FULL BODY MASSAGE

55 MINS / £69 PER PERSON

#### HOT STONE BACK, NECK & SHOULDER MASSAGE

25 MINS / £46 PER PERSON

This warming and soothing massage technique using heated stones and essential oils relieves muscle tension, aids circulation and improves energy levels throughout the entire body and mind. A deep relaxing treatment for anyone in need of complete feeling of well-being.



## TREATMENTS FOR MEN

HIGH PERFORMANCE FACIAL  
25 · 55 MINS / £40 · £65 PER PERSON

Wanting to look your best? A personalised facial to suit the specific needs of men's skin, whether it be age, protection and hydration, purification or soothing.

DE STRESS BACK AND SHOULDER RESCUE  
25 MINS / £40 PER PERSON

Targeting the prime areas of stress and providing a Swedish tension relief with a warm marine massage.

DISTRESS MASSAGE 55 MINS / £65 PER PERSON

FOOT AND LEG MASSAGE 25 MINS / £40 PER PERSON

INDIAN HEAD MASSAGE  
25 MINS / £40 PER PERSON

A relaxing treatment working on pressure points on the head, face, shoulders and neck to release blocked tensions and stimulate circulation aiding to the nervous system.

## HIMALAYAN SALT TREATMENTS

Treatment cannot be performed on expectant mothers.

FULL BODY HIMALAYAN SALT RITUAL  
55 MINS / £69 PER PERSON

An extraordinary ritual, beginning with a body massage using warmed Himalayan salt blocks, which bestow relaxation, alleviating tension, stress, and anxiety. An exhilarating salt scrub follows; a combination of the precious pink Himalayan salt crystals and aromatic oils to detoxify the body, ease aches and pains, stimulate the metabolism and restore vitality and balance.

SIGNATURE HIMALAYAN BACK EXFOLIATION & MASSAGE  
40 MINS / £50 PER PERSON

Our exclusive cleansing back treatment for the most detoxifying area of the body. Treatment includes a warm Himalayan salt stone and oil massage before our Himalayan salt is worked in to purify and cleanse.

## MATERNITY TIME

'NEW LIFE'  
FULL BODY & FACE MASSAGE  
55 MINS / £65 PER PERSON

FULL BODY MASSAGE  
40 MINS / £46 PER PERSON

A nourishing, firming, elasticising treatment to ensure the skin remains supple during this time of transformation. This treatment will ensure an overall sense of well-being and relaxation.

\*\*Please note. This treatment can only be offered to ladies in their 2nd and 3rd trimester.



## ESSENTIALS

|                 |               |
|-----------------|---------------|
| EYELASH TINTING | 30 MINS / £15 |
| EYEBROW TINTING | 15 MINS / £10 |

## WAXING

|                              |               |
|------------------------------|---------------|
| EYEBROW WAX & TINT           | 30 MINS / £18 |
| EYEBROW                      | 15 MINS / £10 |
| LIP OR CHIN                  | 15 MINS / £7  |
| LIP & CHIN                   | 20 MINS / £14 |
| UNDERARM                     | 15 MINS / £10 |
| FULL ARM                     | 30 MINS / £26 |
| HALF ARM                     | 20 MINS / £22 |
| BASIC BIKINI LINE            | 20 MINS / £18 |
| FULL LEG                     | 40 MINS / £28 |
| HALF LEG                     | 25 MINS / £24 |
| CHEST                        | 30 MINS / £20 |
| BACK                         | 30 MINS / £22 |
| BACK WAX INCLUDING UPPER ARM | 40 MINS / £26 |

## SPA ETIQUETTE

In order to create the perfect environment and be considerate to all our clients the following guidelines are intended to ensure your visit runs smoothly.

### APPOINTMENTS

Being on time for your appointment is greatly appreciated both in consideration of our other guests and in order for you to receive your full service. Please arrive 10 minutes in advance of your appointment to complete our guest pre-treatment form, make your payment, and relax before your spa experience. Payment is required at booking and treatments are paid prior to arrival. Please have consideration for other guests having treatments when using our relaxation area.

### DRESS

No wet swimwear to be worn in the spa. This must be removed before arriving for treatment.

### GIFT CERTIFICATES / CARDS

A spa gift certificate or card makes a wonderful gift for any special occasion or holiday. Gift certificates or cards are non-refundable, non-transferable or non-redeemable for cash. Please review all terms and conditions.

### CANCELLATION

If you need to make a cancellation or reschedule, we require a minimum of 24 hours notice for any service; a 72 hours notice is required for any spa package or bookings of six or more. 100% of total treatment cost will be charged, if the required hours' notice period is not given.

### LATE ARRIVAL

Please arrive in plenty of time to relax and enjoy the experience. If you are running late, every effort will be made to honour your treatment time, but this may not always be possible.

### GUEST PRE-TREATMENT FORM

Before your treatment, you may be required to complete a guest pre-treatment form to safeguard your well-being, comfort, and allow us to safely deliver our services by minimalising risk of injury.

### MOBILE PHONES

Please refrain from using your mobile phone during your visit. In fact, why not just get away from it all and switch it off altogether.

### AGE REQUIREMENT

No treatment will be carried out without adult consent for anyone under the age of 18.

- 14 years of age and over can have nail, eye and facial treatments with a signed waiver and accompanied by an adult.
- 16 – 18 year old can have massages with a signed waiver.

### PREGNANCY

Unfortunately we are unable to carry out any treatments to anyone in their 1st trimester but we have some amazing treatments once you reach your 2nd and 3rd trimester.

### GRATUITY

Service charge is not included in your treatments; the best compliment you could give to your therapist is gratuity. It is customary to give 10% if happy with your treatment.



# MERCURE

## HOTEL

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BOOK TODAY ON



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