SPA BROCHURE

MERCURE

HOTEL

SHEFFIELD KENWOOD HALL
HOTEL & SPA

A UNIQUE SPACE FOR ONE'S SELF

Nestled within twelve acres of beautifully landscaped grounds, Kenwood Hall Hotel & Spa offers a refined escape where heritage and tranquillity meet. A place of haven for over a century, the hall has long been renowned for its sense of calm, discretion, and timeless sophistication.

At the heart of the estate, the spa presents a peaceful haven crafted for complete relaxation. From indulgent treatments to calming leisure facilities, every detail is curated to soothe the senses and promote wellbeing. Surrounded by natural beauty and enduring charm, Kenwood Hall invites guests to step away from the everyday and immerse themselves in a truly restorative experience.

DAY ESCAPES

MORNING REFRESH

£35 PP

Start your morning right by enjoying the use of facilities between 10am - 2pm.

AFTERNOON TIME OUT

£35 PP

Unwind and relax in the afternoon with use of facilities between 1.30pm - 5.30pm.

MOTHER-TO-BE

50 MINS / £86 PP

Nurturing both mum and baby with this specialised Full Body Massage. Subtle energy techniques provide a balance of the body, mind and spirit.

REBALANCE SPA DAY

55 MINS / £100 PP

Indulge in one of our luxury treatments. Choose from a relaxing Intensive Prescriptive Facial or Bespoke Fully Body Massage.

RESET SPA DAY

55 MINS / £110 PP

This day escape combines a Prescriptive Taster Facial and a Back, Neck & Shoulder Massage to fulfil your personal needs, leaving you with an overall feeling of revitalisation.

DETOX RITUAL

115 MINS / £158 PP

A Full Body Himalayan Salt Ritual to detox and energise. Equivalent to a diet regime. You'll also receive our deeply hydrating intensive facial during the salt ritual. This treatment is great for an all over full body cleanse and moisture boost.

RETREAT RITUAL

115 MINS / £154 PP

Experience a wonderful sense of well-being with our Bespoke Full Body Massage, incorporating [comfort zone] de-aging visible firming rejuvenating rich cream and our Skin Sublime Active Lift Facial to nourish, illuminate and lift the skin.

MINI SPA DAY*

25 MINS / £54 PP

Choose from one of our popular treatments; Taster Prescriptive Facial, Back Neck & Shoulder Massage or an Indian Head Massage.
**This package does not include a two-course light lunch.*

SPA DAY INCLUSIONS

Our day escapes also include a delicious two course light lunch, complimentary robe hire and up to four hours use of the spa and spa facilities.

FACE RITUALS

[comfort zone]

SUBLIME SKIN ANTI-AGEING FACIALS

Give your skin the boost of radiance and plumpness that it needs with an innovative Double Peel followed by a lifting mask for immediate rejuvenation. The Active-lift™ Massage, inspired by kobido techniques, softens wrinkles and invigorates skin tone.

SUBLIME SKIN SUPER PEEL

40 MINS / £52 PP

This intensive facial visibly reduces expression lines and wrinkles and provides exceptional skin smoothness. The facial includes a Facial Massage and Double Peel which can be customised according to the skin condition. Suitable for the most delicate to the most resistant of skins.

SUBLIME SKIN ULTRA GLOW PEEL

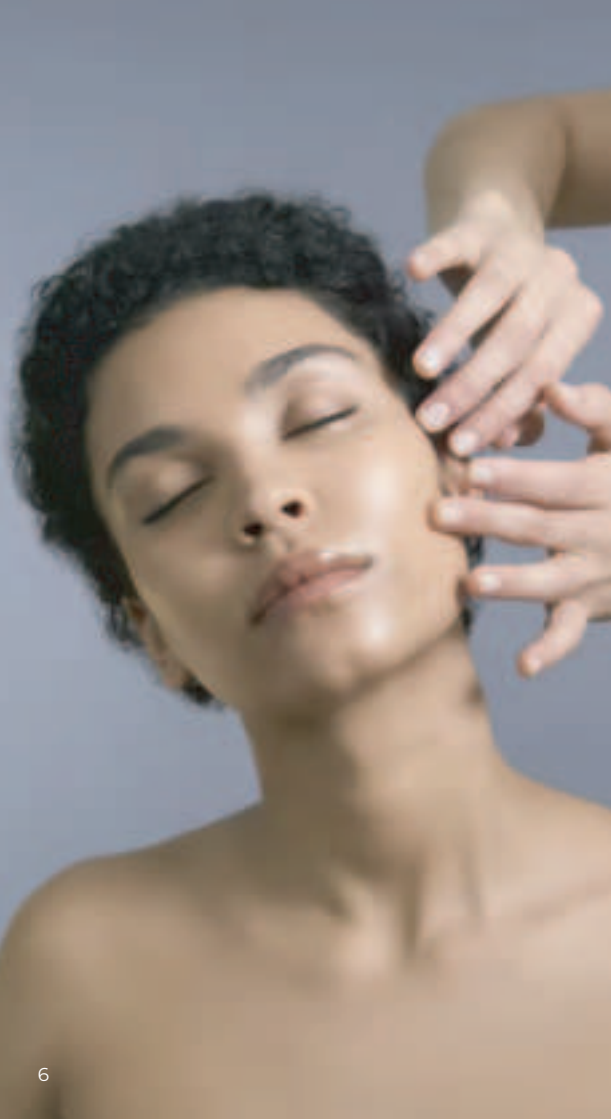
55 MINS / £72 PP

This facial delivers immediate radiance and glow and provides an even complexion and improvement to dark spots. The facial consists of an indulgent massage and tone-correcting peel to treat dullness, hyperpigmentation and melasma.

SUBLIME SKIN PRO-LIFT

55 MINS / £72 PP

This intensive facial has a natural filler-effect, providing instant skin firmness. The skin is nourished with a specialised Kobido Facial Massage followed with a Replumping Peel-off Mask to restore fullness and tone.



FACE RITUALS

RECOVER TOUCH FACIAL

25 • 55 MINS / £44 • £72 PP

Nurture your skin and recover from the damage caused by sun, pollution and ageing. The antioxidant, replenishing combination of organic goji berry and macadamia oil leaves the skin soft and replenished.

HYDRAMEMORY FACIAL

25 • 55 MINS / £44 • £72 PP

This dynamic facial is for anyone seeking ultimate hydration, immediate glow and vitality. Advanced massage techniques and the use of cryo spoons reduce the appearance of fine lines, tone and cool the skin. The unique combination of lactic acid for immediate renewal and glow, powerful hyaluronic acid and bio active prickly pear for profound hydration, provides instant hydration and radiance for a healthy dewy skin.

LUMINANT BRIGHTENING FACIAL

55 MINS / £72 PP

An intensive triple action facial, for the correction of existing dark spots, hyper-pigmentation and uneven skin tone, revealing a fresh, bright and radiant skin. This indulgent facial is ideal after sun exposure, for dull and uneven complexions and is suitable for everyone, even during pregnancy and sensitivity.

SOOTHING FACIAL

25 • 55 MINS / £44 • £72 PP

An innovative, fortifying approach to sensitive, delicate skin. With a prebiotic from sugar beets, promoting cutaneous resilience, and marula oil, this facial calms skin discomfort, relieves neuroinflammation and reinforces the skin's defence.

ACTIVE PURENESS FACIAL

25 • 55 MINS / £44 • £72 PP

If your skin is oily, scarred or acne-prone, this is the perfect choice! Characterised by a mattifying peel-off spirulina algae mask, this deep purifying facial with mandelic acid, green and white clays rebalances and reduces pores and blackheads.

BODY RITUALS

TRANQUILITY PRO-SLEEP MASSAGE

55 MINS / £76 PP

Inspired by the Indonesian Sea Malay Massage, this exceptional massage ritual acts in synergy with our Tranquillity™ Sound and Essential Oil Blend to effectively induce a state of deep rest and wellbeing.

BESPOKE FULL BODY MASSAGE

55 MINS / £72 PP

Experience ultimate relaxation with our Swedish Full Body Massage, designed to relieve tension, improve circulation and promote deep relaxation. Using long, flowing strokes, gentle kneading, and rhythmic movements, this classic massage soothes sore muscles and calms the mind. Perfect for stress relief and overall well-being, it's the ideal way to restore balance and rejuvenate your body.

LUXURY BACK, NECK & SHOULDER MASSAGE

40 MINS / £52 PP

A relaxing treatment focused on relieving tension in the back, neck, and shoulders, while also incorporating the arms and scalp. This soothing massage promotes relaxation from head to fingertips.

BESPOKE BACK, NECK & SHOULDER MASSAGE

25 MINS / £44 PP

Your therapist will create the perfect massage to suit your needs. Tensions will be released, which in turn will ease the mind and body for total relaxation.

BODY RITUALS

INDIAN HEAD MASSAGE

25 MINS / £44 PP

A relaxing treatment working on pressure points on the head, face, shoulders and neck to release blocked tensions and stimulate circulation aiding to the nervous system.

HIMALAYAN BACK EXFOLIATION & MASSAGE

40 MINS / £56 PP

Our exclusive cleansing back treatment for the most detoxifying area of the body. Treatment includes a warm Himalayan salt stone and oil massage before our Himalayan salt is worked in to purify and cleanse.

FULL BODY HIMALAYAN SALT RITUAL

55 MINS / £76 PP

An extraordinary ritual, beginning with a body massage using warmed Himalayan salt blocks, which bestow relaxation, alleviating tension, stress and anxiety. An exhilarating salt scrub follows; a combination of the precious pink Himalayan salt crystals and aromatic oils to detoxify the body, ease aches and pains, stimulate the metabolism and restore vitality and balance.

HOT STONE FULL BODY MASSAGE

55 MINS / £76 PP

Indulge in deep relaxation with our Hot Stone Full Body Massage, a soothing treatment that melts away tension and stress. Smooth, heated stones are gently placed on key points of the body and used in flowing massage strokes to warm muscles, improve circulation and promote deep relaxation. Perfect for relieving muscle stiffness and restoring balance, this luxurious experience leaves you feeling completely rejuvenated.

HOT STONE BACK, NECK & SHOULDER MASSAGE

25 MINS / £52 PP

This warming and soothing massage technique using heated stones and essential oils relives muscle tension, aids circulation and improves energy levels throughout the entire body and mind. A deep relaxing treatment for anyone in need of complete feeling of well-being.

PREGNANCY RITUALS

MATERNITY FULL BODY MASSAGE

55 MINS / £72 PP

A nourishing, firming, elasticising treatment to ensure the skin remains supple during this time of transformation. This treatment will ensure an overall sense of well-being and relaxation.

MOTHER-TO-BE FACIAL

55 MINS / £72 PP

A nurturing, fortifying facial designed especially for pregnancy and delicate, sensitive skin. Infused with a sugar beet, derived prebiotic to support skin resilience, alongside nourishing marula oil, this treatment gently soothes discomfort, calms inflammation, and helps strengthen the skin's natural defence leaving expectant mothers feeling relaxed, balanced, and radiant.

PLEASE NOTE

These treatments can only be offered to ladies in their 2nd and 3rd trimester.

[comfort zone] RETAIL

ESSENTIALS

Essential Milk 200ml	£30
Essential Face Wash 150ml	£28
Essential Peel 60ml	£38
Essential Scrub 60ml	£40
Essential Toner 200ml	£28
Essential Micellar Water 200ml	£31

HYDRAMEMORY

Hydramemory Light Sorbet Cream 60ml	£60
Hydramemory Rich Sorbet Cream 30ml	£41
Hydramemory Water Source Serum 30ml	£65
Hydramemory Depuff Eye Cream 15ml	£40
Hydramemory Hydra Plump Mask 60ml	£43

TRANQUILITY

Tranquility Candle 280g	£35
Tranquility Home Spray 200ml	£43

GIFT SETS

The Essentials Glow Duo £47
Essential Face Wash & Essential Toner

The Radiance Ritual Trio £106
Essential Face Wash, Essential Peel & Hydramemory Rich Sorbet Cream

The Hydration Hero Trio £110
Essential Face Wash, Hydramemory Hydra Plump Mask & Hydramemory Light Sorbet Cream

Tranquil Moments Set £60
Tranquillity Candle & Tranquillity Home Fragrance

Peaceful Aura Duo £66
Tranquillity Candle & Tranquillity Room Spray

Serenity Ritual Duo £62
Tranquillity Shower Cream & Tranquillity Body Lotion

OUR CHOSEN SPA PARTNER

Working closely with [comfort zone], we have created a truly unique selection of spa rituals and journeys designed with a complete sense of well-being and fast results in mind.

This luxury premium brand represents a complete system of care for the skin, body and soul, delivering unique spa rituals within every treatment along with advanced skin care to achieve outstanding results; “We seek to promote a healthy, sustainable lifestyle”.

SPA ETIQUETTE

PRICING

All prices stated in this brochure are based on a single person.

ARRIVAL TIME

We kindly ask that you arrive 15-minutes prior to your appointment. Late arrival will result in a reduced treatment time, while the full price will still apply. All treatments must end as scheduled to avoid delaying subsequent guests. Late arrivals may result in reduced treatment, and if you are more than five minutes late, your appointment may be cancelled.

CANCELLATION

Please provide at least 48 hours' notice if you need to cancel or reschedule your booking to avoid a cancellation fee. Appointments cancelled within 48 hours of the scheduled time will be charged in full. A full charge will be taken if a no show occurs. For groups of 10 or more, we require 72-hours notice for cancellations.

WHAT TO WEAR

You are welcome to wear your own bikini, briefs or swimwear, please ensure these are dry for your treatment. Our therapists always use professional draping techniques to ensure your comfort and privacy.

CHILD POLICY

The spa is not suitable for children under 14 years of age, and treatments will not be permitted. Guests aged 14–18 must contact reception prior to booking. We do welcome children of all ages into our facilities during our child-friendly times.

PREGNANCY OR CONTRA INDICATIONS

Your safety and wellbeing are our priority. Some treatments may not be suitable for guests with certain medical conditions. Please contact our spa reception team before booking if you have, or have a history of, any of the following:

- Pregnancy
- Heart conditions or high/low blood pressure
- Recent surgery or injuries
- Skin conditions
- Allergies or sensitivities
- Cancer or ongoing cancer treatment
- Contagious illnesses or infections

SPECIAL OFFERS & UPGRADES

Contact our Spa Team ahead of treatments to accommodate these requests.

- Our day escape packages include a delicious two course light lunch and up to four hours use of the spa and spa facilities.
- Each person spending £51 or more on treatments will receive complimentary use of our spa facilities.
- Half Day passes are available for £15 per adult for up to two hours use of our leisure facilities.
- Why not upgrade your spa experience and add lunch to complement your day?

MERCURE

HOTEL

SHEFFIELD KENWOOD HALL
HOTEL & SPA

BOOK NOW

MERCURE KENWOOD HALL HOTEL & SPA, KENWOOD ROAD, SHEFFIELD S7 1NQ

TEL: 0114 250 5611 | EMAIL: RELAX@KENWOODHALL.CO.UK

WWW.KENWOODHALL.CO.UK